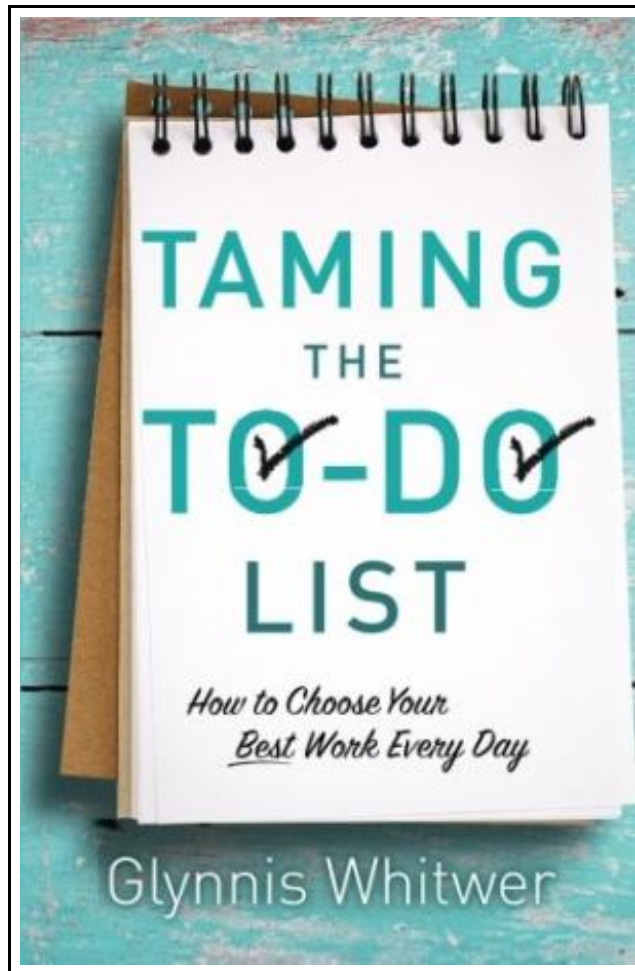


Taming the To-Do List: How to Choose Your Best Work Every Day



Filesize: 8.88 MB

Reviews

Here is the best publication i have got go through until now. It is actually writter in simple phrases and never hard to understand. I realized this publication from my dad and i suggested this ebook to find out.

(Lorena White)

TAMING THE TO-DO LIST: HOW TO CHOOSE YOUR BEST WORK EVERY DAY



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Baker Publishing Group, United Kingdom, 2015. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. No matter how hard women work or how much they accomplish in a day, there s lingering anxiety and guilt over what they didn t do. We just wish the world would stop for a day so we could catch up. Glynnis Whitwer has identified what makes us feel so overburdened--and it s probably not what you think. Taming the To-Do List exposes a seismic shift in our society: from one in which most of us were proactive toward one where we now carry the burden of having to respond --to every email, text, tweet, and message we receive. This major shift creates a cycle where everyone else sets the priorities for our days, rather than us designing our own lives. Taming the To-Do List addresses this significant change in how we manage our time and the issue of procrastination from a woman s point of view. It addresses the common household tasks many women put off, like doing housework and scheduling doctor s appointments, and moves on to the larger, more life-impacting delays of dreams and goals. Combining practical, easy-to-apply advice with solid research and biblical truth, this book is a compassionate yet challenging message of hope for those struggling to choose their best work over busy work.



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