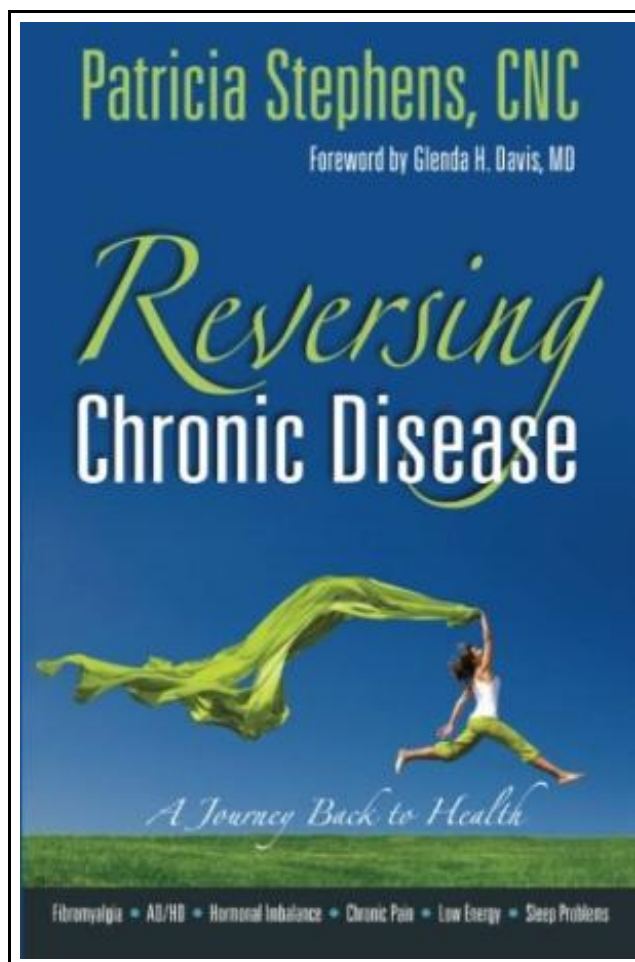


Reversing Chronic Disease: A Journey Back to Health



Filesize: 2.89 MB

Reviews

This publication will be worth purchasing. It really is written in simple terms instead of difficult to understand. It's been designed in an exceptionally simple way and is particularly only right after I finished reading this ebook in which basically modified me, altered the way I believe.

(Prof. Loyce Runolfsson Jr.)

REVERSING CHRONIC DISEASE: A JOURNEY BACK TO HEALTH



Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.This easy-to-understand book is packed full of tips for dealing with chronic illness, such as Chronic Fatigue Syndrome, Fibromyalgia, insomnia, low energy, and chronic pain. It explores in well-documented detail the connection between AD/HD and Fibromyalgia. The entire book contains solid documentation of interviews of patients and doctors, as well as journal article excerpts and references to medical books. The author also includes her own experiences with clients in a natural medicine shop. The book details the author's personal journey to health, starting with her own research and use of traditional medicines and how her recovery progressed to a pain-free life using only natural remedies. The author explores topics like balancing hormones and natural hormone replacement therapy, adrenal fatigue, good nutrition, thyroid imbalances, brain chemicals, insomnia, and digestive health. Reversing Chronic Disease embraces many roads to wellness, using the best of both traditional and alternative medicine. Many unexplained chronic diseases, such as Fibromyalgia and Chronic Fatigue Syndrome (FMS/CFS), are in fact very treatable. Our published research shows that 91 percent of CFS/FMS patients improved--usually markedly--with an integrated treatment approach. In Patricia Stephen's excellent book, she shares her journey to wellness, helping to light a path which others can follow! Jacob Teitelbaum, MD, author of From Fatigued to Fantastic The ADD-Fibromyalgia connection has been missed for far too long! Ms Stephens does an excellent job at making that connection for us and providing her readers with important information in an easily understood format. Patricia O. Quinn, MD, Director, National Center for Girls and Women with ADHD Patricia was instrumental in helping me feel fantastic. After testing, she was able to select the right supplements which made me...



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GB Publishing.org, United Kingdom, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Surrey Life magazine, May 2015, TV presenter Juliette Foster: She writes with...

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