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Vegan Everyday: 500 Delicious Recipes

By Douglas McNish

Robert Rose Inc. Paperback. Book Condition: new. BRAND NEW, Vegan Everyday: 500 Delicious Recipes, Douglas McNish, Tantalising food for sharing with family and friends. These tempting dishes are bold, innovative, fresh, easy and above all delicious. They reflect this chef's expertise and complex palate, yet each recipe is both easy and good. Both vegans and non-vegans will find them absolutely delicious. The recipes are vast and varied and use the ingredients typically found in a vegan's kitchen or pantry. Douglas McNish starts with 'Vegan Basics' featuring 20 recipes for dishes most popular in vegan cuisine like Whipped Non-Dairy Butter, Mayonnaise, Curry Paste, Vegetable Stock and pie crust. These 500 recipes include every meal of the day or special occasion to celebrate. Here's just a tiny sampling of the sumptuous recipes that await: MAIN COURSE: Pan Seared Polenta and Hemp Cakes with Black Olive, Tomato and Spinach Ragout, Buddhist Noodle Bowl. STEWS, CHILLIES AND SOUPS: Cheesy Broccoli Soup, Smoky Corn Chowder, African Spiced Tempeh Chilli. PASTA AND NOODLES: Fettuccini Carbonara, Creamy Sweet Potato Linguine, Curry Udon Noodles. SAUTES AND STIR FRIES: Crispy Aubergine and Garlic Stir Fry, Pineapple and Coconut Fried Rice. SLOW COOKER: Okra and Squash Gumbo, Beer Braised Cabbage,...



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