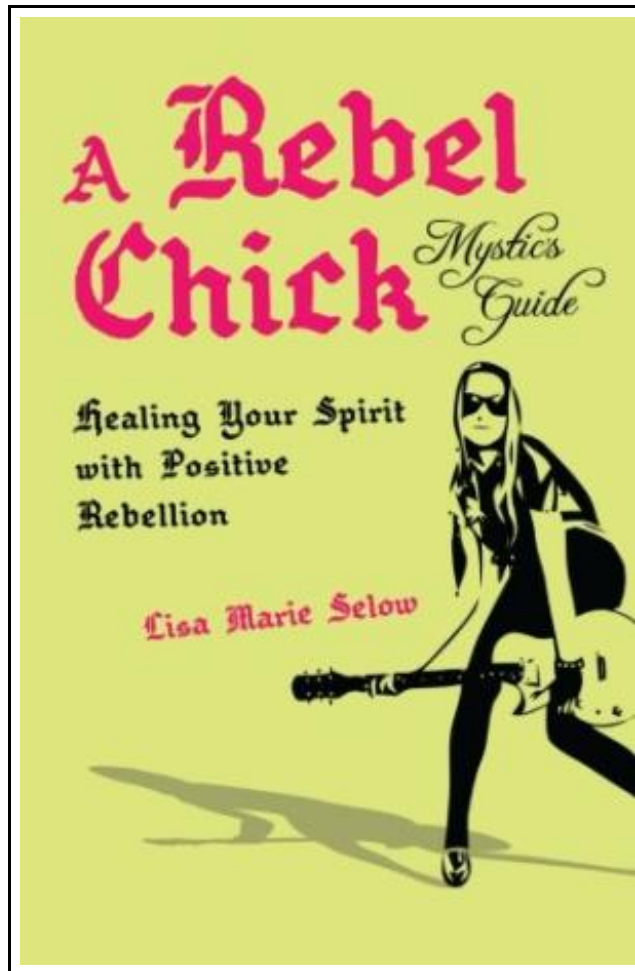


## A Rebel Chick Mystic s Guide: Healing Your Spirit with Positive Rebellion



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Hay House Inc, United States, 2012. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Rebel Chick Mystic s Guide is a self-help book for brave, misfit women (or for those who aspire to be), written from the heart and soul of a spiritual, rocker chick. Lifelong psychic Lisa Selow leads you to uncover your true self, reveal your life purpose, and carve out your spiritual path. She invites you to engage in positive rebellion by subverting your good-girl persona, letting go of limiting beliefs that you've inherited and creating your own definition of perfect. Lisa encourages you to be a different type of rebel, one that defies the stereotype of being a loner, without a cause. Instead, you're called to make a difference, rocking the world with your unique gifts and talents. Through enjoyable, engaging exercises, Lisa facilitates your creating your very own manual for living according to your own rules. She shows you how you can, as a modern mystic, graduate yourself from the school of hard knocks, using your dark night of the soul as a healing catalyst. Lisa uses her own compelling life stories and those of other women (including ones from history) to illustrate that you can radically rewrite your own life story, creating a happy, purposeful life. Starting your journey from the premise that you already are perfect, you will excavate the real you, along with being guided to design action plans to move forward with your dreams and goals.



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