



An M.D. s Life-Saving Health Solutions

By James A Schaller

Blue Dolphin Publishing, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Health care--especially as we age-- is somewhat different for women than for men. Women are concerned with looking and feeling young, finding safe responses to the hormonal changes in their bodies--from periods to PMS--and eating and living in a wholesome, correct way. Life-Saving Health Solutions is Dr. Schaller s best attempt to save several generations of women from misguided, incompetent, or inadequate management of the second half of their life. After four decades of clinical experience and sixty-five years of studying issues especially important to women, Dr. Schaller addresses all major areas of concern--from basic gynecological issues to those practices that lead to healthy longevity. Like sitting together for an appointment, Dr. Schaller clearly explains everything from cholesterol ratios and hormonal issues to preventing heartburn, heart disease, and high blood pressure. He also suggests which supplements and medications may either be helpful or harmful to your health, as well as effective later-life hormone replacement strategies. Speaking for thousands of healthcare providers--who do not speak out for fear of reprisal--Dr. Schaller also blows the whistle on the...



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An exceptional book as well as the font used was exciting to read. It is actually rally intriguing throgh reading time. You will not sense monotony at anytime of the time (that's what catalogues are for about when you ask me).

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