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***(Mr. Ronaldo Kulas)***

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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2009-09 Publisher: Jilin University Press [Introduction] School Health Education Guidelines to implement the CPC Central Committee and the State Council on strengthening youth sports how adolescent physical views of health education work requirements further strengthen the work of school health education. students of health consciousness and awareness of public health. mastered the knowledge and skills to promote students to develop healthy behaviors and lifestyles. Health education in primary and secondary schools includes five areas. health behavior and lifestyle. disease prevention. mental health. growth and development of adolescent health. safety emergency and hedging. According to the different stages of growth and development of children and adolescents. according to the lower grades of primary school. primary school in the year. upper primary and junior high school grades. high school grade five level. five areas reasonably assigned to five levels. level one ( primary school grades 1 - 2). level two (Primary 3 - 4th grade). level three (5 primary - 6th grade) level (junior high school - 9th grade). level (high school 10 - Year 12 ). five different levels of interface between the overall objective to complete primary and secondary school health education. [Contents] develop good habits . a first section about healthy food . Section II of attention to food labels . 4 Section III correctly choosing foods . 8 Nutrition 33 Section I with the more nutritional . 17 Section II Dietary Guidelines . 18 Section III Four Seasons diet . 21 Chapter III disease prevention . AIDS and Health . 17 Section I diet Basic common sense . 33 Section II AIDS trends . 37 Section III AIDS hazards . 41 Section IV AIDS...



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