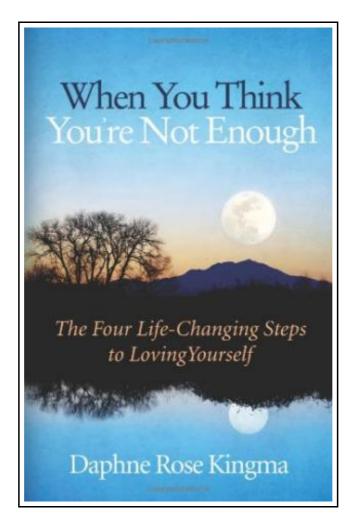
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WHEN YOU THINK YOU RE NOT ENOUGH: FOUR LIFE-CHANGING STEPS TO LOVING YOURSELF



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